



A Practical Guide for Persistent Pain Therapy

**Sunday 18th August 2024
Canberra, Australia**

**“One of THE best training courses I have ever attended. Lovely mix of practical experiments, which work really well in clinic!”
Occupational Therapist**

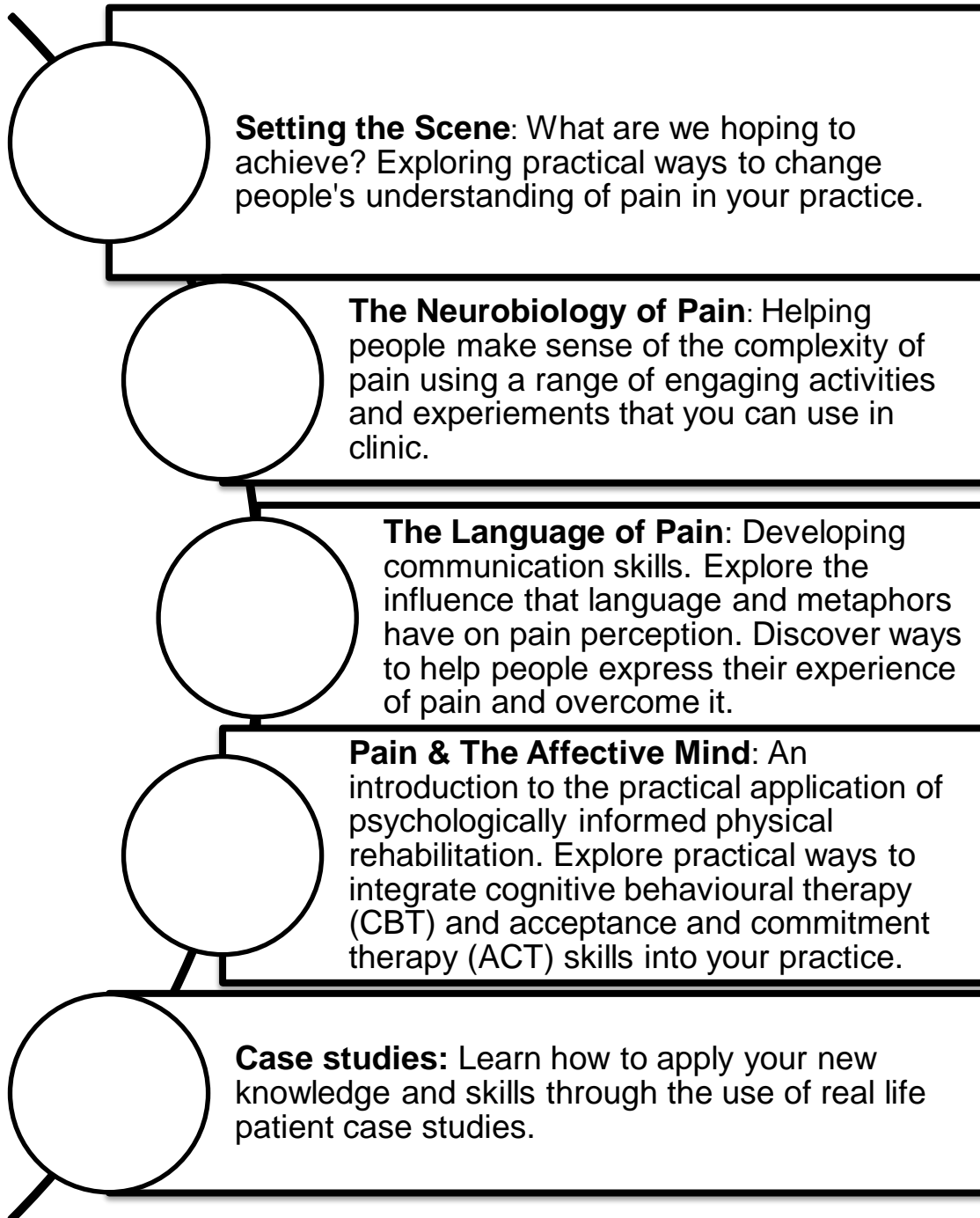
**“I connect with my patients so much better since taking this course.”
Physiotherapist**

Course Description:

The challenge of successfully managing persistent pain can be one of the most daunting for both clinicians and people in pain who are often frustrated after failed short-term interventions. It is often difficult to understand and explain high and prolonged levels of pain where a traditional tissue based cause is lacking. This course explores a cutting edge, patient centered approach using a variety of practical learning methods to help your patients make sense and overcome their pain. It provides a range of practical applications and innovative learning methods to take into your clinic for immediate results. The course content blends a wide range of contemporary evidence from both educational and healthcare literature. Know Pain courses have been taught in over fifteen countries and have provided a wide range of clinicians around the world with practical skills. Feedback from over 1000 people who have attended Know Pain courses has shown that 100% would recommend a Know Pain course to their colleagues, whilst 95% felt more confident when helping people to overcome pain. This course is [relevant for all healthcare professionals.](#)

Tutor: Mike Stewart MCSP SRP MSc PG Cert (Clin Ed)

Mike is a physiotherapist, researcher and visiting university lecturer with over twenty years experience of helping people to overcome pain. Mike is a dedicated practice-based educator who is passionate about providing evidence-based education to a wide variety of health professionals. He teaches across elite sports, and is an advisor on pain management to the International Olympic Committee. Mike has a Masters degree in Education and is planning a PhD focusing on pain and communication. His published work has received international praise from the leading names in neuroscience.



CPD Hours: 7

Cost = \$450 (AUD)

Discounts: \$395 (AUD) for students & all multiple bookings

Early Bird discount: \$395 (AUD) for bookings made before 1st July 2024

Contact: admin@knowpain.co.uk

www.knowpain.co.uk